

COLONOSCOPY

A colonoscopy is an exam that allows Dr. Albertson to see inside the lower digestive tract. A colonoscope is an instrument that is used. This tube has several openings. Through these openings other instruments may pass. Dr. Albertson will be looking to make sure the colon and rectum have a smooth lining. If any polyps or other growths are seen, they **will** be removed for a diagnosis.

Not only does a colonoscopy show polyps or other growths it will show...

- Bleeding
- Inflammation
- Other Abnormalities

GETTING PREPARED FOR YOUR COLONOSCOPY

At your appointment Dr. Albertson will go over the risks and benefits of a colonoscopy. Any questions you may have can be addressed at this time. Your prescriptions will be discussed and how to handle them will be explained. So make sure you have an up to date list. A date for this procedure will then be agreed upon. A follow-up appointment will be made for discussion of the colonoscopy results.

Bowel Cleansing Instructions will be given orally as well as written for your convenience. On the day of your procedure you will check in with out-patient services at DRH. Dr. Albertson will greet you and discuss any final questions or concerns you may have. You will be moderately sedated and the procedure will begin. A colonoscopy takes 30 to 45 minutes.

RECOVERY FROM A COLONOSCOPY

You will be monitored in the recovery for 30-45 minutes. When deemed safe you will be released and able to return home. You **WILL NOT** be released to drive; you **MUST** have a driver to drive you home. A normal diet and usual activities can resume unless otherwise directed. It is normal to experience some gas pains. This is caused by the use of air during your procedure. Walking will relieve this bloated feeling.

CONTACT YOUR DOCTOR IF YOU EXPERIENCE...

- Abdominal Pain
- Bleeding
- High Fever

DR. ALBERTSON CAN BE REACHED:

OFFICE HOURS:
(580) 255-2122

NIGHTS AND WEEKENDS BY PAGER:
(580) 251-8500